

TERMS FOR PARTICIPANTS MULTILEVEL



Multilevel consists of several activities; **Ziplines** where you ride in high speeds, hanging in a harness underneath a wire. One of the wires can be ridden sitting in a wheelchair.

High Ropes Courses where you climb up high in trees through different obstacles and **Climbing trees** where you climb up to 10 meters high. All activities have developed safety systems that take care of reducing the speed and possible falls but despite these, jerks and other tensions on your body can occur.

We **advise against** participating if:

- You have **back or neck problems**, there is a risk that these can get worse.
- You are **pregnant**.

If you have **diabetes, epilepsy, heart conditions, serious allergy or similar** that can affect your possibilities in the activities, inform the instructors in advance and what they need to know in case you need help.

Check box below.

Nothing of above is applicable for any of the participants.

Above is applicable and I have informed the guides/instructors.



Further, the following is confirmed by an authoritative person:

- I have participated/will participate in the **safety instructions and trained in the training course** with approved result before I start the activities. For persons in a wheelchair, specific instructions will be explained.
- I understand I always must **follow instructions** from guides/instructors.
- **I weigh between 20-120kg** at the time I perform the activities which include personal protection equipment weighing 2kg for the smallest kids and 4kg for others. The 120kg weight limit includes my wheelchair that weighs max 20kg. I understand that I am not allowed to participate if I weigh too much or too little. **I understand that I will be weighed before the activities.**
- **My personal protection equipment will only be put on and off by guides/instructors at decided place.** If I handle the equipment **carelessly, I will pay up to 5000 SEK as a fee.**
- I understand that instructors for **safety reasons** can grab my body and/or adjust my equipment and can therefore come in contact with my body, anytime.
- I am under no influence of **drugs or alcohol**.
- I do not carry loose items such as **telephones, keys and do not carry jewelry, necklaces, clocks and similar that might get caught.**
- Long, loose **hair is secured with headbands** and I have no loose clothes e.g. scarves, headgears that can get caught.
- I understand I might come in contact with surfaces that can give **stains on skin, and can destroy clothes, shoes etc.** This can e.g. be tree resin, grease, dirt, gravel, wood chips etc.
- **I visit the toilet without protection equipment and I ask guides/instructors to take off and put on the equipment.**
- **I smoke only without protection equipment and at the parking area, on gravel.**
- I am further **away from the grill than 3 meters when I wear protection equipment.**
- I understand that **the grill is forbidden to use if there is high risk of fire.**
- I admit that **Multilevel can use photos/videos of me for marketing purposes. Cross this line out if not accepted.**
- I understand the guides/instructors can **stop the activities if rules are not followed** or stopped due to **thunder and lightning, extreme precipitation, strong winds or any other reason.**
- I understand that I have **total 2 hours to perform the activities** and I will finish at the decided time.
- I as authoritative, allow **minors, incapacitated and persons below 18 years old**, to participate in the activities.

Date and start time:

Authoritative person (name)	Other person (name)	Other person (name)	Other person (name)
Authoritative person (name)	Other person (name)	Other person (name)	Other person (name)
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